

BIO

Both Silvia Polesello and Marianna Pontini received their education in the scientific field. Silvia went to medical school, Marianna is a biologist and both felt that something was missing. They strongly believe that when it comes to health promotion, the human being must be considered as a whole. Therefore they both studied naturopathy and in the traditional medicines they found what they were looking for.

Both as students and as teachers though, they experienced that too often naturopathy education was considered an alternative to biomedicine. Moreover, some of the most profound concepts regarding human nature were treated with great superficiality. That's why together they funded the Istituto NeMI, where biology and spirituality, science and tradition finally come together to help people live a healthier and more sustainable life. They are very proud to be part of the WNF and work hard to bring naturopathy in Italy to the highest international standards.